

Forth Valley League 2026 Match 1 Division 1

Grangemouth - 18th April 2026

Div 1 Teams: Team Borders, Edinburgh, Pitreavie A, Cumbernauld
Harmeny A, Central

TRACK			FIELD			
9.45am	U16 Girls A	80m hurdles	9.45am	U12 Girls A	Shot Put	2.72kg
	U16 Girls B	80m hurdles		U12 Girls B	Shot Put	2.72kg
	U14 Boys A	80m hurdles		U14 Boys A	High Jump	
	U14 Boys B	80m hurdles		U14 Boys B	High Jump	
10.00am	U12 Girls A	100m		U14 Girls A	Long Jump	
	U12 Girls B	100m		U14 Girls B	Long Jump	
	U12 Boys A	100m		U16 Boys A	Javelin	600g
	U12 Boys B	100m		U16 Boys B	Javelin	600g
	U14 Girls A	100m				
	U14 Girls B	100m	10.30am	U16 Boys A	Long Jump	
	U14 Boys A	100m		U16 Boys B	Long Jump	
	U14 Boys B	100m		U12 Boys A	Shot Put	2.72kg
	U16 Girls A	100m		U12 Boys B	Shot Put	2.72kg
	U16 Girls B	100m		U16 Girls A	Javelin	500g
	U16 Boys A	100m		U16 Girls B	Javelin	500g
	U16 Boys B	100m		U14 Girls A	High Jump	
				U14 Girls B	High Jump	
	11.00am	U12 Girls A & B	600m	11.15am	U14 Boys A	Long Jump
U12 Boys A & B		600m	U14 Boys B		Long Jump	
11.15am	U14 Girls A & B	800m		U16 Girls A	Long Jump	
	U14 Boys A & B	800m		U16 Girls B	Long Jump	
	U16 Girls A & B	800m				
	U16 Boys A & B	800m				
11.55am	U12 Girls Relay	4 x 100m				
	U12 Boys Relay	4 x 100m				
	U14 Girls Relay	4 x 100m				
	U14 Boys Relay	4 x 100m				
	U16 Girls Relay	4 x 100m				
	U16 Boys Relay	4 x 100m				

****Please note Match 1 is NOT mixed relays**