

Forth Valley League 2026 Final Match Division 1

Grangemouth - Sunday 13th September 2026

Div 1 Teams:

Team Borders, Edinburgh, Pitreavie A, Cumbernauld
Harmeny A, Central

TRACK

9.45am	U16 Boys A	100m hurdles
9.50	U16 Boys B	100m hurdles
10.00am	U12 Girls A	100m
10.03	U12 Girls B	100m
10.06	U12 Boys A	100m
10.09	U12 Boys B	100m
10.12	U14 Girls A	100m
10.15	U14 Girls B	100m
10.18	U14 Boys A	100m
10.21	U14 Boys B	100m
10.24	U16 Girls A	100m
10.27	U16 Girls B	100m
10.30	U16 Boys A	100m
10.33	U16 Boys B	100m
10.40am	U12 Girls A & B	800m
10.48	U12 Boys A & B	800m
10.56	U14 Girls A & B	800m
11.04	U14 Boys A & B	800m
11.10	U16 Girls A & B	800m
11.16	U16 Boys A & B	800m
11.30am	U12 Girls Relay	4 x 100m
11.35	U12 Boys Relay	4 x 100m
11.40	U14 Girls Relay	4 x 100m
11.45	U14 Boys Relay	4 x 100m
11.50	U16 Girls Relay	4 x 100m
11.55	U16 Boys Relay	4 x 100m

FIELD

9.45am	U12 Girls A	Shot Put	2.72kg
	U12 Girls B	Shot Put	2.72kg
	U12 Boys A	High Jump	
	U12 Boys B	High Jump	
	U14 Girls A	Long Jump	
	U14 Girls B	Long Jump	
	U16 Boys A	Long Jump	
	U16 Boys B	Long Jump	
	U16 Boys A	Discus	1.25kg
	U16 Girls A	Discus	1.00kg
10.30am	U14 Boys A	Long Jump	
	U14 Boys B	Long Jump	
	U12 Boys A	Shot Put	2.72kg
	U12 Boys B	Shot Put	2.72kg
	U14 Girls A	Discus	0.75kg
	U14 Boys A	Discus	1.00kg
	U12 Girls A	High Jump	
	U12 Girls B	High Jump	
	U16 Girls A	Long Jump	
	U16 Girls B	Long Jump	

12.10 Division 1 Trophy Presentations

Note for athletes and team managers:

Track start times are indicative only and may run ahead of advertised time