

# Forth Valley League 2026 Final Match Division 2 & 3

Grangemouth - Sunday 13th September

**Div 2 Teams:** Lothian, Pitreavie B, Lasswade, Falkirk, Corstorphine, Musselburgh

**Div 3 Teams:** Livingston, Dunfermline, Dunbar, Linlithgow, Harmeny B, Haddington

## TRACK

## FIELD

|        |       |                    |              |         |                     |           |         |
|--------|-------|--------------------|--------------|---------|---------------------|-----------|---------|
| 1.00pm | Div 2 | U16 Boys A string  | 100m hurdles | 12.45pm | U12 Girls A - Div 2 | Shot Put  | 2.72kg  |
| 1.03   | Div 2 | U16 Boys B string  | 100m hurdles |         | U12 Girls B - Div 2 | Shot Put  | 2.72kg  |
| 1.06   | Div 3 | U16 Boys A string  | 100m hurdles |         | U12 Boys A - Div 2  | High Jump |         |
| 1.09   | Div 3 | U16 Boys B string  | 100m hurdles |         | U12 Boys B - Div 2  | High Jump |         |
|        |       |                    |              |         | U12 Boys A - Div 3  | High Jump |         |
| 1.15pm | Div 2 | U12 Girls A string | 100m         |         | U12 Boys B - Div 3  | High Jump |         |
| 1.18   | Div 2 | U12 Girls B string | 100m         |         | U16 Girls A - Div 3 | Long Jump |         |
| 1.21   | Div 2 | U12 Boys A string  | 100m         |         | U16 Girls B - Div 3 | Long Jump |         |
| 1.24   | Div 2 | U12 Boys B string  | 100m         |         | U16 Boys A - Div 2  | Discus    | 1.25kg  |
| 1.27   | Div 3 | U12 Girls A String | 100m         |         | U16 Boys A - Div 3  | Discus    | 1.25kg  |
| 1.30   | Div 3 | U12 Girls B string | 100m         |         | U14 Girls A - Div 2 | Long Jump |         |
| 1.33   | Div 3 | U12 Boys A string  | 100m         |         | U14 Girls B - Div 2 | Long Jump |         |
| 1.36   | Div 3 | U12 Boys B string  | 100m         |         |                     |           |         |
| 1.39   | Div 2 | U14 Girls A string | 100m         | 1.30pm  | U16 Boys A - Div 2  | Long Jump |         |
| 1.42   | Div 2 | U14 Girls B string | 100m         |         | U16 Boys B - Div 2  | Long Jump |         |
| 1.45   | Div 2 | U14 Boys A string  | 100m         |         | U12 Boys A - Div 3  | Shot Put  | 2.72 kg |
| 1.48   | Div 2 | U14 Boys B string  | 100m         |         | U12 Boys B - Div 3  | Shot Put  | 2.72 kg |
| 1.51   | Div 3 | U14 Girls A string | 100m         |         | U16 Girls A - Div 2 | Discus    | 1.00kg  |
| 1.54   | Div 3 | U14 Girls B string | 100m         |         | U16 Girls A - Div 3 | Discus    | 1.00kg  |
| 1.57   | Div 3 | U14 Boys A string  | 100m         |         | U14 Boys A - Div 3  | Long Jump |         |
| 2.00   | Div 3 | U14 Boys B string  | 100m         |         | U14 Boys A - Div 3  | Long Jump |         |
| 2.03   | Div 2 | U16 Girls A string | 100m         |         |                     |           |         |
| 2.06   | Div 2 | U16 Girls B string | 100m         | 1.45pm  | U12 Girls A - Div 2 | High Jump |         |
| 2.09   | Div 2 | U16 Boys A string  | 100m         |         | U12 Girls B - Div 2 | High Jump |         |
| 2.12   | Div 2 | U16 Boys B string  | 100m         |         | U12 Girls A - Div 3 | High Jump |         |
| 2.15   | Div 3 | U16 Girls A string | 100m         |         | U12 Girls B - Div 3 | High Jump |         |
| 2.18   | Div 3 | U16 Girls B string | 100m         |         |                     |           |         |
| 2.21   | Div 3 | U16 Boys A string  | 100m         | 2.15pm  | U14 Boys A - Div 2  | Long Jump |         |
| 2.24   | Div 3 | U16 Boys B string  | 100m         |         | U14 Boys B - Div 2  | Long Jump |         |
|        |       |                    |              |         | U14 Girls A - Div 2 | Discus    | 0.75kg  |
| 2.30pm | Div 2 | U12 Girls A & B    | 800m         |         | U14 Girls A - Div 3 | Discus    | 0.75kg  |
| 2.36   | Div 2 | U12 Boys A & B     | 800m         |         | U12 Boys A - Div 2  | Shot Put  | 2.72kg  |
| 2.42   | Div 3 | U12 Girls A & B    | 800m         |         | U12 Boys B - Div 2  | Shot Put  | 2.72kg  |
| 2.48   | Div 3 | U12 Boys A & B     | 800m         |         | U16 Boys A - Div 3  | Long Jump |         |
| 2.54   | Div 2 | U14 Girls A & B    | 800m         |         | U16 Boys B - Div 3  | Long Jump |         |
| 3.00   | Div 2 | U14 Boys A & B     | 800m         |         |                     |           |         |
| 3.06   | Div 3 | U14 Girls A & B    | 800m         | 3.00pm  | U14 Girls A - Div 3 | Long Jump |         |
| 3.12   | Div 3 | U14 Boys A & B     | 800m         |         | U14 Girls B - Div 3 | Long Jump |         |
| 3.17   | Div 2 | U16 Girls A & B    | 800m         |         | U14 Boys A - Div 2  | Discus    | 1.00kg  |
| 3.22   | Div 2 | U16 Boys A & B     | 800m         |         | U14 Boys A - Div 3  | Discus    | 1.00kg  |
| 3.25   | Div 3 | U16 Girls A & B    | 800m         |         | U12 Girls A - Div 3 | Shot Put  | 2.72kg  |
| 3.30   | Div 3 | U16 Boys A & B     | 800m         |         | U12 Girls B - Div 3 | Shot Put  | 2.72kg  |
|        |       |                    |              |         | U16 Girls A - Div 2 | Long Jump |         |
| 3.40pm | Div 2 | U12 Girls Relay    | 4 x 100m     |         | U16 Girls A - Div 2 | Long Jump |         |
| 3.45   | Div 2 | U12 Boys Relay     | 4 x 100m     |         |                     |           |         |
| 3.50   | Div 3 | U12 Girls Relay    | 4 x 100m     |         |                     |           |         |
| 3.55   | Div 3 | U12 Boys Relay     | 4 x 100m     |         |                     |           |         |
| 4.00   | Div 2 | U14 Girls Relay    | 4 x 100m     |         |                     |           |         |
| 4.05   | Div 2 | U14 Boys Relay     | 4 x 100m     |         |                     |           |         |
| 4.10   | Div 3 | U14 Girls Relay    | 4 x 100m     |         |                     |           |         |
| 4.15   | Div 3 | U14 Boys Relay     | 4 x 100m     |         |                     |           |         |
| 4.20   | Div 2 | U16 Girls Relay    | 4 x 100m     |         |                     |           |         |
| 4.25   | Div 2 | U16 Boys Relay     | 4 x 100m     |         |                     |           |         |
| 4.30   | Div 3 | U16 Girls Relay    | 4 x 100m     |         |                     |           |         |
| 4.35   | Div 3 | U16 Boys Relay     | 4 x 100m     |         |                     |           |         |

4.50pm Division 2 & Division 3 Trophy Presentations

### Notes for Athletes and Team Managers:

Track start times are indicative only and may run ahead of advertised time

Please ensure that competitors know their Division, Age Group and A String or B String